

## **ALPHA IN CASTLEBAR**

**ALPHA** is an invitation from Castlebar Parish to come and explore the meaning of life and faith today in a friendly and informal setting.

It is a 10-week programme starting on Tuesday, October 7th from 8pm to 9.30pm in the Parish Centre, Castlebar F23 XK68.

Each night begins with food, followed by a 30-minute video and then, time for small group discussion in a relaxed atmosphere.

Maybe you have given up on Church, belief, Mass, prayer as many have done. **ALPHA** is designed for you whether or not you have anything to do with the Church.

**ALPHA** is run free of charge but a donation is always welcome.

To help us cater for the food and limited numbers, it is essential to register by contacting the Parish Office at 094 9021844 or email [castlebarparish@gmail.com](mailto:castlebarparish@gmail.com)

For more information on **ALPHA** see: [ireland.alpha.org](http://ireland.alpha.org)