

CASTLEBAR PARISH NEWSLETTER

Website: www.castlebarparish.ie

email: castlebarparish@gmail.com

Sunday Mass Times

Parish Church: 6pm (Sat), 9am, 11am Ballyheane Church: 7.30pm (Sat.) Breaffy Church: 10am

Priests: Fr. Conal Eustace PP, Fr. Shane Costello CC, Fr. Jose Raju CC. **Tel.** 094 9021844

Diocesan Child Safeguarding: More information available at www.tuamarchdiocese.org
Anyone with issues or concerns around the safety of children should tel. 087 9315823 or 087 4070206.



Mass Intentions for the Week

PARISH CHURCH

view online at churchtv.ie/castlebar

Parish Radio 105.3fm

Monday 22nd July:

- 10.00am - Dermot Foy, Springfield.
Denis Walsh & dec. Walsh & King families, Castlebar.
7.00pm - Beatrice Browne-Davies, UK & Castlebar & dec. family.
John, Ellen & Michael Gibbons, Cashel, Turlough.
William, Martha, Billy & Julie Cresham, McHale Road.

Tuesday 23rd July:

- 10.00am - Ann McDonagh, Castlebar. Holy Souls.

Wednesday 24th July:

- 8.00am - Private Intention.
10.00am - Special Intention.

Thursday 25th July:

- 10.00am - Anne Marie Ahearne, Newline.

Friday 26th July:

- 8.00am - Private Intention.
10.00am - Ray Smith & son Sean, Liverpool.

Saturday 27th July:

- 10.00am - Noel King, Riverdale Court.
Owen & Teresa Kilbane & dec. Kilbane & McHugh families, Achill.
John Bonnick, Rowan Drive.
Anne O'Donnell, Pine Grove, John & Anne Callan & Johnny Garvey, St. Patrick's Avenue.
6.00pm - Sergei Zuev, Lios na Circe. (1st Anv.)

Sunday 28th July:

- 9.00am - Ann O'Neill, Fr. Meehan Place. (M.M.)
11.00am - Seamus Dunne, Corheens. (M.M.)



BALLYHEANE CHURCH

view online at churchtv.ie/ballyheane

- Saturday 27th July:** 7.30pm - Mary Moran, Lakeview House, Westport Road. (M.M.)
Mary Heverin, Lisnaponra, Frenchill.
Myrna Heydon, Mountain View.

BREAFFY CHURCH

view online at churchtv.ie/breaffy

- Sunday 28th July:** 10.00am - Michael Rice, Milebush. (M.M.)
Joseph & Kathleen Cunniffe, Cottage Road & grandson
Conor Keegan.

Rest in Peace

Justin Guthrie, Maple Lawn, Fr. Meehan Place.



Sixteenth Sunday in Ordinary Time

Mark 6:30-34

The disciples have returned from their mission, eager to fill Jesus in on everything that's happened. But the buzz around him means they have little space to rest or even eat. Jesus senses that his friends need a break and attempts to bring them away to a 'deserted place' where they can be by themselves – perhaps to encourage them into deeper contemplation and understanding of the journey they are on. However, the plans are disrupted by the crowds who have needs of their own. In this short passage Jesus provides for those around him in different ways – offering his close companions the gift of time and rest, and giving the crowd ('sheep without a shepherd') the teaching they are hungry for.

Rest, contemplation and prayer are important elements of the spiritual journey, and we might feel some sympathy for the disciples whose quiet time is so rudely cut short. Just a few verses later in Mark, we will see that Jesus withdraws up a mountain by himself to pray. We all need time out from the busyness of life to recharge our spiritual batteries, reflect and contemplate. 'Contemplation is the practice of being fully present – in heart, mind, and body – to what is, in a way that allows you to creatively respond and work towards what could be'. Prayer and action are two sides of the same coin – when we open our lives to God, our ordinary experiences become part of our prayer and, as we share our experiences with God, we come to new insights and are inspired to respond anew to the challenges of life.

(The Deep End)

<u>Holy Hour</u>	-	Every Sunday from 7pm to 8pm in the Parish Church.
<u>Adoration of the Eucharist</u>	-	Every Friday from 11am in the Parish Church.
<u>Lectio Divina</u>	-	Every Tuesday from 7pm to 8pm in the Monastery.

Masses in the Cemeteries

<u>Old Cemetery</u>	-	26 th July at 7pm	<u>Ballyheane Cemetery</u>	-	26 th July at 7pm
<u>New Cemetery</u>	-	2 nd August at 7pm	<u>Breaffy Cemetery</u>	-	2 nd August at 7pm

Anointing Fire Catholic Ministry Service (AFCM) – Afternoon of Healing

This Sunday 21st July from 1.15pm to 3.45pm in the Church of the Holy Rosary. Led by Pat & Noreen Buckley. Rosary, Praise and Worship, Healing Prayers, Talks and Eucharistic Adoration. All are welcome. Tel. Carmel 086 3836055, Joseph 089 4888166, Mary 089 4271780.

National Pilgrimage to Croagh Patrick

The annual pilgrimage takes place next weekend. On Reek Sunday 28th July, there will be hourly Mass on the summit from 8am to 2pm, with confessions from 7.30am to 2pm. Further details are available on www.westportparish.ie

National Grandparents Pilgrimage to Knock

Sunday 28th July is World Day for Grandparents and the Elderly with the theme: "Do Not Cast Me Off In My Old Age". Families are welcome to attend this day of celebration at Knock Shrine, which starts with Anointing of the Sick at 2.30pm in the Basilica. The Chief Celebrant for Mass at 3pm is the Papal Nuncio to Ireland, Archbishop Luis Mariano Montemayor, followed by Rosary Procession.

Ignatian Retreat Week at Knock Shrine from 28th July to 4th August

Welcome evening on Sun. 28th July at 7.30pm in Knock Parish Church. Daily talks, facilitated discussions and daily examen takes place in Knock Prayer Centre from 9.30am to 9.30pm, Mon. to Sat. Concludes on Sun. 4th Aug. with 12pm Mass. No booking required. See www.knockshrine.ie

Youth Theology of the Body Event - 29th July in St John's Rest Centre, Knock

7pm to 9.30pm. Speakers Nick Koepfel and Fr Joseph Mary Deane CFR. Talk, Q&A, Healing Hour of Adoration, Confessions. All are welcome. For details tel. Karen 085 2630876.

Student Accommodation Needed

Have you an extra room in your house? Why not help a university student out and rent them a room this coming academic year? For details tel. 094 9043162 or email sumayo.galwaymayo@atu.ie